

Zebulon Baptist Church  
400 N. Arendell Ave.  
Post Office Box 366  
Zebulon, North Carolina 27597

Non-Profit Organization  
U.S. Postage Paid  
Zebulon, NC  
Permit No. 42

## Zebulon Baptist Church

*A center of worship*

*A place of ministry*

*A fellowship of believers*

*L. Jack Glasgow, Jr., Senior Pastor*

*Phone: 919-269-7329*

*Visit us on the web: [myzbc.org](http://myzbc.org)*



*Address Service Requested*

### MAY YOUTH NEWS

Hello, ZBC Youth! I am still missing each of you on Sundays and Wednesdays. Remember I am here for you whenever you need someone to talk, pray, or just hear a funny story. But while we still cannot physically see each other all together at church, please stay connected to the ZBC Youth group through social media.

**Facebook: Zebulon Baptist Church Youth Group**

**Instagram: zbcnc\_youth**

We will continue the schedule that we have been using over the past month:

**ZBC Youth Virtual Journey:**

Sunday — Streaming Sunday Funday

Monday — Monday Motivation Challenge

Tuesday — Tuesday TikTok

Wednesday — Wacky Wednesday via Zoom

Thursday — Youth Group Thursday Trivia

Friday — Friday Flashback

Saturday — Serene Saturday

Please feel free to call me or email ([lauren.glasgow@myzbc.org](mailto:lauren.glasgow@myzbc.org)) me if you have any questions!

**PRAYER BAG PICKUP** — On Saturday, May 9, youth can come to church under the covered walkway and pick up a prayer bag. May is typically our month to focus on prayer as a youth group, so this bag will help you to do that while we are separate. This will be a similar pick up process as we did for the Holy Week bags back in April. You may stay in your car, and we will hand a bag to you. More information will be posted on social media as we get closer to that date.

### MAY FOCUS ON THE FAMILY

The month of May is usually a time where we focus on our families as we celebrate Mother's Day, which at Zebulon Baptist includes our tradition of Parent/Child Dedication. In May we also celebrate the milestone of another year's passing with our children and youth of the church family – at ZBC that means yearend choir concerts and musicals and traditions like Senior Sunday.

May of 2020 will not be like other May months we have known in the past. With a limit of no more than ten at gatherings through Phase I of our getting back to activities, we will have to do things differently this May. But we want you to join us in making this a true "Family Focus" month. During these days of "stay at home" orders, you have spent more time together as a family than ever before. Make these days count toward deepening your family relationships and strengthening your family's priorities and core values. While you are overseeing the online attempts at educating your children, do not neglect Bible reading and prayer and telling stories of faith and testimony. What a wonderful by-product of these difficult times it would be if our families grow in their love for the Lord and commitment to following Jesus because we have used time well to encourage and nurture faith development in one another.

Our Pastor is going to be preaching three sermons on the family at the beginning of the month as we offer worship via Facebook Live. The sermons will be based on texts in Ephesians, with May 3 focused on marriage, May 10 focused on parent/child relationships, and May 17 focused on viewing family from a distinctly Jesus perspective to encompass more than just the nuclear family.

For families with children who have been born in the past year, we are tentatively hoping we can do a dedication service on Father's Day this year. We will let you know more about this as we learn what we are able to do in worship by mid-June. Likewise, we will hope to do senior recognitions of high school and college graduates as soon as we can. In the meantime, let's heed the counsel in Ephesians regarding "redeeming the time" as we use time together this May to strengthen families and use our connections for distance worshiping, mutual care and spiritual formation to strengthen our church family.

## Spiritual Formation

**Meditation** — In May, we will continue our weekly meditation services via Facebook Live on Monday Mornings at 8:30 a.m. If you have a Facebook account, simply log in and search for Linda Pearce Griffin or Lynn McLaughlin at 8:30 a.m. on Monday mornings and the live stream will be there. The videos remain on our Facebook Feeds afterwards so you can view them at your convenience. If you are not a “friend” of either of us, just request to be one.

Learning to meditate improves prayer life, increases focus, and it is definitely a tool for reducing stress and anxiety. It has been practiced for centuries as a way to keep one’s attention the present moment. Linda Griffin is an excellent teacher and meditation guide. We begin with observing our “breath.” Where there is breath there is life. In beginning with breath, we are connected to the Divine breath which gave life to Adam and, indeed, continues to give life to us all.

**Resource Library** — If you are running out of good books to read or study, remember our Resource Library which is housed in the church Conference Room. You may always borrow a commentary or book during our office hours. Keep it until you are finished and then return it.

**Bible Study** — If you want a sound and solid Bible Study lesson, Professor \*Tony Cartledge’s weekly Bible study for Nurturing Faith Journal, as well as his teaching video and guide, are currently available on that website for free. Go to [www.nurturingfaith.net/teachers/](http://www.nurturingfaith.net/teachers/) and log in with the password “worship.” (This password is valid from May 1 until the end of June.) You will be led to the Nurturing Faith Bible Study Series. Click on the date of the study you want to view. The video should appear. Beneath that video you should see a link to read the lesson. Scroll down for the guide and other helps.

\*Tony W. Cartledge is a professor of the Old Testament at Campbell University Divinity School.

### ACCESSING ONLINE WORSHIP

During these times of not worshipping together in our sanctuary, you can still worship with Zebulon Baptist Church. These services are being streamed live through Facebook. Accessing this Live Stream worship can be done several different ways. If you have a Facebook account, simply search Zebulon Baptist Church and “Like” the page. Then when services are being streamed, go to the Zebulon Baptist Church page and the Live Stream will be shown there. For those that do not participate in Facebook, you may still access the Live Stream. Go to the church’s website [www.myzbc.org](http://www.myzbc.org) and scroll to the bottom of the page and find the “Special Note regarding the Coronavirus” section. In that section you will see the word Facebook underlined, simply click on the word and it will take you to the page for the live stream. Sermon audio is still being uploaded on the church website.

Orders of worship are being uploaded on the church website under the heading “worship,” and a link will be posted on the church’s website before worship begins. We encourage you to either print a copy if you are able or have it available to you during worship so you can fully participate in worship.

If you have any questions, please feel free to call the church office or email Shannon at [Shannon.speller@myzbc.org](mailto:Shannon.speller@myzbc.org)

## MOTHER’S DAY GIFT DRIVE-BY ON MAY 9

Two of our staff’s favorite days in the shut-down time have been the two drive by days when you came for palm fronds, youth Holy Week bags, and to leave food for the pantry on April 11 and when you came to pick up Sunday School and devotional literature and bring your food items on April 26. Our next opportunity will be on May 9, the Saturday before Mother’s Day. From 10 a.m. until noon you may come by the church and children and youth will be able to pick up a small flower and card to give your Mom the next day on Mother’s Day. Senior Adult ladies, if you come by that morning we have a small bag of fresh fruit for your Mother’s Day gift. Please bring food for the food pantry if you can that day. We love seeing you one car at a time, exchanging greetings, and extending best wishes until the time we can resume being together on campus.

### SERMONS IN MAY

- May 3 — “Christian Marriage: A Matter of Doing the Hard Things”
- May 10 — “Christian Parenting: A Life Course in Anger Management”
- May 17 — “Christian Family: A Broader Topic Than You Think”
- May 24 — Ascension Day – “Spiritual Forces in the Heavenly Places”
- May 31 — Pentecost Sunday – “Praying in the Spirit”

## NURSERY, PRESCHOOL, K-3, AND JUNIORS NEWS

In an effort to stay connected to each one of you during this time of separation, below is a schedule of times that Ms. Shannon will be having StoryTime, Bedtime Stories, Music and Movement for Preschoolers, Zoom meetings with Juniors, Hangouts with Preschool and K-3, and other creative ways to connect. Check the Facebook Group pages for each group for up-to-date information. If you are not in the Facebook group that pertains to your family, please send Ms. Shannon a message so she can add you! Also if you need Ms. Shannon for anything, please call the church office or email her at [Shannon.speller@myzbc.org](mailto:Shannon.speller@myzbc.org). Stay safe and healthy!!

### Nursery & Preschool:

- Monday: 10:00 a.m. — StoryTime Facebook Live
- Wednesday: 7:30 p.m. — BedTime Stories Facebook Live
- Friday: 10:00 a.m. — Music and Movement Facebook Live

### K-3:

- Monday: 10:30 a.m. — StoryTime Facebook Live
- Wednesday: 7:45 p.m. — BedTime Stories Facebook Live
- Friday: 10:30 a.m. — Music and Movement Facebook Live

### Juniors:

- Wednesday: 7:00 p.m. — Zoom Meeting
- Various text messages/emails from Ms. Shannon throughout the week

## LIFE AT ZBC AS NORTH CAROLINA REOPENS

In light of the Governor's message on reopening in North Carolina, we want to share with you how this impacts our ministry at ZBC. Until we enter Phase I, we continue as we have since March 14. The office will be open to the public 9:00 a.m.-1:00 p.m. Monday, Wednesday, and Friday, and we will use live streaming, calls, texts and Zoom meetings to stay connected.

**Phase I** — We will open the office to the public on our regular schedule, 9:00 a.m.-4:00 p.m., Monday through Friday. We will have a ten-person limit on gatherings, which means no Sunday School on campus, worship via Facebook Live, and perhaps a limited number of in-person gatherings practicing social distancing for groups that do not exceed ten.

**Phase II** — We will resume ministries as much as we can given the limit on gathering size or the details regarding reduced capacity. These have yet to be announced. We may be able to offer worship in the Sanctuary to more persons depending on the number allowable. We may be able to resume some or all Sunday School. We have several contingency plans ready that might include multiple worship service offerings in person and Sunday School meeting in different sessions. Many of our small group ministries will likely be able to resume in Phase II. Stay tuned.

**Phase III** — We will resume ministry on as normal a schedule as possible, yet all contingent on what the maximum number for gatherings or what the reduced capacity guidelines will be.

Your deacons and staff have been and will continue to be hard at work to make plans for as many possible scenarios as we can. Our goal will be to provide you as a congregation with the best possible ministries of worship, spiritual formation, mutual care, mission engagement and fellowship balanced with a desire to be responsible citizens and to keep everyone as safe and healthy as we can.

## A STEWARDSHIP THANK YOU

We are so appreciative of your faithfulness in giving to God through this church during this challenging time. You are not only enabling us to stay connected in a variety of ways, but you are providing faithful support to mission partners in our local community and beyond and helping families who need our assistance to get by in these challenging times. Remember you have multiple giving options to make gifts that make a difference:

- Online giving at myzbc.org (by credit card only)
- Bringing by or mailing in to the office your contributions (P. O. Box 366)
- Setting up an electronic draft option with June Sanders
- Paying through bill pay with your online banking

## A CALL TO GRADUATES

We look forward to congratulating you and celebrating with the Class of 2020. Please let us know if you or a family member has graduated from college, junior college, technical school, or a graduate or professional school in the past year. Notify us in the church office — we will need the name of the graduate, the school attended, and the degree earned – associates, bachelors, masters, doctorate, etc. We will have those names listed in the bulletin and present you with gift books from the congregation. High school graduates, we will be meeting with you on May 9 to discuss Senior Sunday. We want you to know the Class of 2020 has been in our thoughts as you have had a significant time in your life disrupted by COVID-19, and we will do our best to assure you of our pride in your accomplishments.

## LIFE AT ZBC AS NORTH CAROLINA REOPENS

In light of the Governor's message on reopening in North Carolina, we want to share with you how this impacts our ministry at ZBC. Until we enter Phase I, we continue as we have since March 14. The office will be open to the public 9:00 a.m.-1:00 p.m. Monday, Wednesday, and Friday, and we will use live streaming, calls, texts and Zoom meetings to stay connected.

**Phase I** — We will open the office to the public on our regular schedule, 9:00 a.m.-4:00 p.m., Monday through Friday. We will have a ten-person limit on gatherings, which means no Sunday School on campus, worship via Facebook Live, and perhaps a limited number of in-person gatherings practicing social distancing for groups that do not exceed ten.

**Phase II** — We will resume ministries as much as we can given the limit on gathering size or the details regarding reduced capacity. These have yet to be announced. We may be able to offer worship in the Sanctuary to more persons depending on the number allowable. We may be able to resume some or all Sunday School. We have several contingency plans ready that might include multiple worship service offerings in person and Sunday School meeting in different sessions. Many of our small group ministries will likely be able to resume in Phase II. Stay tuned.

**Phase III** — We will resume ministry on as normal a schedule as possible, yet all contingent on what the maximum number for gatherings or what the reduced capacity guidelines will be.

Your deacons and staff have been and will continue to be hard at work to make plans for as many possible scenarios as we can. Our goal will be to provide you as a congregation with the best possible ministries of worship, spiritual formation, mutual care, mission engagement and fellowship balanced with a desire to be responsible citizens and to keep everyone as safe and healthy as we can.

## A STEWARDSHIP THANK YOU

We are so appreciative of your faithfulness in giving to God through this church during this challenging time. You are not only enabling us to stay connected in a variety of ways, but you are providing faithful support to mission partners in our local community and beyond and helping families who need our assistance to get by in these challenging times. Remember you have multiple giving options to make gifts that make a difference:

- Online giving at myzbc.org (by credit card only)
- Bringing by or mailing in to the office your contributions (P. O. Box 366)
- Setting up an electronic draft option with June Sanders
- Paying through bill pay with your online banking

## A CALL TO GRADUATES

We look forward to congratulating you and celebrating with the Class of 2020. Please let us know if you or a family member has graduated from college, junior college, technical school, or a graduate or professional school in the past year. Notify us in the church office — we will need the name of the graduate, the school attended, and the degree earned – associates, bachelors, masters, doctorate, etc. We will have those names listed in the bulletin and present you with gift books from the congregation. High school graduates, we will be meeting with you on May 9 to discuss Senior Sunday. We want you to know the Class of 2020 has been in our thoughts as you have had a significant time in your life disrupted by COVID-19, and we will do our best to assure you of our pride in your accomplishments.